

MADE IN MARYLAND
BEST CATCH of the DAY



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ASIAN SHRIMP STIR FRY

with White Rice & Vegetable Stir Fry

Dive into fresh flavors with our take on this Asian Shrimp Stir Fry meal. Made with the freshest ingredients that makes for a flavorful and nutritious dish! Save time in the kitchen and let us do the work for you. Just HEAT, EAT & ENJOY!



Item No.
99014

Ingredients: Shrimp (tripolyphosphate (to retain moisture), White Rice, vegetable stir fry blend(broccoli, carrots, green beans, sugar snap peas, onions, celery, water chestnuts, and red peppers), teriyaki glaze(soy sauce(water, soybeans, wheat, salt), sugar, water, modified corn starch, onion juice, vinegar, natural flavor, garlic powder, malic acid, spice, sodium benzoate: Less than 1/10th of 1% as a preservative, disodium inosinate, disodium guanylate), sesame seeds, olive oil blend, sesame oil, and spices.

Recommended Cooking Instructions from Thaw (Microwave):

Important, keep frozen until used, thaw under refrigeration immediately before use. Once thawed, remove band, place in microwave with the film left on. Microwave on HIGH for 3 1/2 -4 minutes. Remove and let stand for 1-2 minutes, remove film. Internal temperature of shrimp 145 °F degrees before consuming.

From Frozen: Remove band from container. Place container in microwave with the film left on. Cook for 5 minutes, remove container, and let stand 1-2 minutes. Remove film, Stir and place back into microwave for another 1 minute. Remove from microwave let cool before consuming. Internal temperature of Shrimp needs to be 145 °F degrees.

Net Weight: 14oz (397g)
 Keep Frozen
 Contains: Shrimp, Soy, Sesame, Wheat ******(May Contain: Milk, Egg, Fish) ******

Nutrition Facts	
1 Serving per container	
Serving Size	(397g)
Amount Per Serving	
Calories	340
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 145mg	48%
Sodium 1840mg	80%
Total Carbohydrate 57g	21%
Dietary Fiber 3g	11%
Total Sugars 15g	
Includes 13g Added Sugars	26%
Protein 22g	
Vitamin D 0.1mcg	0%
Calcium 120 mg	10%
Iron 1.3 mg	8%
Potassium 350 mg	8%

* The % Daily Value (DV) tells you how much nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.



Pack Size: 12/14oz. Meals Per Case
Pallet Ti/Hi: 6/10 (60/cases)
Case weight: 10.50lbs.
Case Dimensions:
 18-1/8" x 14-1/8" x 5-1/8" (L x W x H)
Net Pallet Weight: 630lbs.
Pallet Height: 64"-66" Top of Full Pallet

GTIN: 00850051829095
Stored Frozen: 0 degrees
Shelf Life Frozen: 18 months
Lot Coding Used: BEST BY DATE 18 MONTHS
 (545 days) FROM DAY OF PRODUCTION

